



PMC Ambassadors and Church Staff,

Thank you for being flexible and continuing to work with us to spread the word about Steps for Life, even though our churches aren't able to meet together for now. Please share these updated materials with your congregation in whichever ways make the most sense for you.

Steps for Life is still on! The location is changed and we'll be praying as we walk:

Steps for Life will now be a walk that everyone does in their own neighborhood on May 16. The PMC will equip sponsored walkers to reach out and "Plant the Seed of Hope":

- **By gathering pledges NOW in support of early pregnancy services at the PMC's Journey Clinic.** In these uncertain times, even more women in unexpected pregnancies will benefit from the education, medical, and spiritual services offered without charge by the PMC's Journey Clinic. Journey Clinic is now offering hybrid virtual and in-person services to help women find solutions in their difficult situations.
- **May 16, by praying in our neighborhoods.** Everyone is encouraged to prayer walk around their neighborhood and pray for their neighbors.
- **At 10am on May 16.** We will also be hosting a virtual program at 10:00 on May 16 (more details to come).

If you have any questions or ideas about what will work for your church, or if there is anything we can help with, please email us at [esmc@pregnancymedicalclinic](mailto:esmc@pregnancymedicalclinic) or call Tammy at 801.458.9293 or Allison at 360.791.5782.

**The updated Steps for Life promotional materials include:**

**Written Announcements** – These can be used in whichever medium your church is sending written announcements (email newsletter, social media groups, apps, etc.).

**Slide Announcements** – Slide images can be used together with written announcements in your email newsletter, app or social media feed. If you are using a countdown before a live stream of your service, add this image to any rotating announcements that happen before your service begins.

**Videos** – You can add our videos to the livestream of your service or share the YouTube link in your email newsletter, social media feed, or app.

**Verbal Announcements** – If these electronic resources won't work for you, you can have someone from your church share a verbal update about our plans.

Sunday, April 19

## Written Announcement

### Plant the Seed of Hope with the PMC!

**IMPORTANT UPDATE!** Steps for Life is still on! The PMC will be hosting Steps for Life and prayer walk on Saturday, May 16. Sponsored walkers will “Plant the Seed of Hope” by gathering pledges in support of the early pregnancy services offered at the PMC’s Journey Clinic and by prayer walking through their neighborhood on May 16 (or another day that will work for them).

Text “STEPS” 801.820.5157 to register as a walker or visit [pregnancymedicalclinic.org/sfl](http://pregnancymedicalclinic.org/sfl) for more information.



*This slide is available for download as wide screen, standard screen, and social media badge at [pregnancymedicalclinic.org/sfl](http://pregnancymedicalclinic.org/sfl)*

## Verbal Announcement

One of the things I have been thinking about this Easter season is how I can bring the life and hope of Christ’s resurrection into the lives of women who are facing an unexpected pregnancy. The last few weeks have certainly been unexpected for me, and I have needed to be reminded that Jesus’s sacrifice has already overcome all this chaos and uncertainty. I’m walking in Steps for Life this year so that women who need it can be reminded of this same truth.

Steps for Life is still on and there is time to register to walk and start gathering pledges. I’m happy to answer your questions if you think you might be interested. I’m excited about the PMC’s plans for a prayer walk. Just give me a call or send me a text or email and I can get you some more information.

**Sunday, April 26**

## Written Announcement

Steps for Life is still on! The PMC is excited to announce the Steps for Life prayer walk on Saturday, May 16!

Services provided by the PMC's Journey Clinic are especially important in these uncertain times as women search for solutions in their difficult situations. Journey Clinic is now offering hybrid virtual and in-person services to meet these needs for our patients.

Text 801.820.5157 to register as a walker and start gathering pledges. Or visit [pregnancymedicalclinic.org/sfl](http://pregnancymedicalclinic.org/sfl) for more information.



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## Verbal Announcement

The PMC is important to me because of the work they do in providing life-affirming medical, emotional, social, and spiritual support to women and families who are facing an unexpected pregnancy. This has been a hard few months for all of us, and I sometimes feel like there isn't a lot that I can do to make a difference. But I know that by supporting this ministry and walking in Steps for Life that I am helping to share God's love with women who need it during a difficult time.

I'm excited about the PMC's plans for a neighborhood prayer walk. There are opportunities to "Plant the Seed of Hope" in the lives of the people around not only by raising funds by also by joining the PMC is prayer walking through our neighborhoods. Just give me a call or send me a text or email and I can get you some more information.

Sunday, May 3

## Written Announcement

The PMC is a local, Christian ministry that provides life-affirming medical, social and spiritual support for women in early pregnancy, especially when that pregnancy is unexpected.

By walking with us in Steps for Life, you can help to fund early pregnancy services, all of which are provided at no cost to patients.

- Pregnancy testing and evidence-based education about pregnancy options
- Nurse consultations
- Ultrasound exams
- Community, medical and practical resource referrals
- Support and resources for those who have had an abortion

*We do not refer for or provide termination services*


To learn more about Steps for Life, visit [pregnancymedicalclinic.org/sfl](http://pregnancymedicalclinic.org/sfl) or text "STEPS" to 801.820.5157.

Steps for Life supports caring and confidential early pregnancy services

- Pregnancy testing
- Evidence-based education about pregnancy options
- Nurse consultations
- Ultrasound exams
- Community, medical, and practical resource referrals
- Support for those in need of healing after a past abortion

*We do not perform or refer for termination services*

**text "STEPS" to 801.820.5157 to walk with us!**



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## Verbal Announcement

Happy Mother's Day everyone! Being a mom is hard and on behalf of the PMC I want to say a special thank you to everyone who has helped to bring up the next generations. I know how important moms are and I hope that by walking in Steps for Life I can help to make it just a little bit easier for someone who just found out that they are pregnant and needs some hope, encouragement, and help.

Let's continue to be an encouragement to one another this week. The PMC has some great resources available to help us stay connected. I'd love to share them with you. Give me a call or text or email me and I'll pass along their suggestions.

**Sunday, May 10**

## Written Announcement

Join the PMC's Steps for Life this Saturday, May 16! Whether or not you are a sponsored walker, join the PMC in "Planting the Seed of Hope" by walking through your neighborhood and praying for your neighbors.

**Step One:** If you aren't already a walker, find someone to sponsor at [pregnancymedicalclinic.org/sfl](http://pregnancymedicalclinic.org/sfl) (sponsor Tammy Leake if you don't recognize anyone).

**Step Two:** Write encouraging notes (the PMC has card available at the website above) and leave them around your neighborhood to bring hope and encouragement to your neighbors.



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## Verbal Announcement

Steps for Life is this Saturday and instead of our traditional walk around George Wahlen park in Roy, I am going to be walking around my neighborhood and praying for my neighbors. I'd love for you to join me by doing the same thing in your neighborhood. Give me a call or send me a text or email and I'm happy to talk with you about how you can get involved.